

## Barnes Primary School teaching of relationship and sex education (RSE) and related science and health education

For more details of this please see the Personal Development (PD) subject map or the curriculum map for the year you'd like to know more about. These are available on the school website.

<b>Nursery</b>	<ul style="list-style-type: none"> <li>To form positive attachments with adults and friendships with peers</li> <li>To verbally communicate when someone does something they don't like</li> <li>To identify themselves as a boy or a girl</li> <li>To ask questions about differences</li> <li>To talk about their feelings</li> <li>To know what safe and unsafe behaviour is</li> <li>To know the parts in your pants are private and only for you</li> </ul> <p>Name body parts but not private parts. (If asked about private part names, will tell the children the accurate names - penis, scrotum, vulva, anus, bottom)</p>
<b>Reception</b>	<ul style="list-style-type: none"> <li>Words and body language show how people are feeling</li> <li>Kind words can be used to share feelings and needs</li> <li>Using kind words or hands make others feel happy</li> <li>A conversation involves listening as well as well as talking</li> <li>People have different strengths and weaknesses</li> <li>Feelings can feel different</li> <li>There are ways to get ourselves back into the green zone</li> <li>To know the parts in your pants are private and only for you</li> <li>Name body parts but not private parts. (If asked about private part names, will tell the children the accurate names - penis, scrotum, vulva, anus, bottom)</li> </ul>
<b>Year 1</b>	<ul style="list-style-type: none"> <li>Private parts are the areas your underwear cover and should not be shown in public</li> <li>Parts of the body, including private parts, e.g. vulva, testicles and penis.</li> <li>Friendships are important and respectful and caring ones make us feel happy</li> <li>Friends have ups and downs and issues can usually be resolved</li> <li>Families support and love each other</li> <li>Families all look different</li> <li>Everyone is different and that's what makes us special</li> </ul>
<b>Year 2</b>	<ul style="list-style-type: none"> <li>Private parts are the areas your underwear cover and should not be shown in public</li> <li>Parts of the body, including private parts, e.g. vulva, testicles and penis</li> <li>Our bodies change as we get older</li> <li>Everyone has similarities and differences and we are all special</li> <li>The things we like and care about make up our identity and values</li> <li>Everyone needs caring for</li> <li>Working in a team can be tricky but learning to collaborate is important</li> <li>People can love or be attracted to people, and it doesn't matter if they are men or women, (including terminology gay, straight, lesbian, bi-sexual)</li> <li>Girls and boys both like similar things and we shouldn't judge what each other like based on gender</li> <li>Animals, including humans, have offspring which grow into adults</li> <li>Describe the main stages of the human lifecycle</li> </ul>
<b>Year 3</b>	<ul style="list-style-type: none"> <li>A citizen is part of a community</li> <li>We include everyone and treat people with respect. It is not okay to exclude someone due to their race, gender or age</li> </ul>

	<ul style="list-style-type: none"> <li>• Some secrets are okay to keep but it's not right to keep a secret if they relate to being safe</li> <li>• Everyone is entitled to personal space</li> <li>• Ways to deal with unwanted touch including talking to a trusted adult</li> <li>• To recognize the characteristics of a healthy family life and to seek advice if we feel unsafe or unhappy</li> <li>• All families are different and we should show respect to our own families and others'</li> <li>• Stereotypes are often unfair and unhelpful and should be challenged</li> </ul>
<b>Year 4</b>	<ul style="list-style-type: none"> <li>• Describe the main stages of the human life cycle</li> <li>• Learn about how the body changes from a child into a young adult during puberty. Many physical and emotional changes happen during this time</li> <li>• As children go through puberty they need to look after their personal hygiene more</li> <li>• Correct terminology for reproductive organs</li> <li>• There are many positive characteristics of a good friend</li> <li>• Respecting others, being kind and showing manners and courtesy to one another is important</li> <li>• Everyone is different and unique</li> <li>• Being assertive will allow you to call out behavior that you do not think is okay, in a respectful way</li> <li>• Stereotypes are often unfair and unhelpful and should be challenged</li> </ul>
<b>Year 5</b>	<ul style="list-style-type: none"> <li>• Citizenship is protected by law and there are many ways to be a good citizen</li> <li>• Being a good citizen is linked to the British Values</li> <li>• Healthy friendships are positive and welcoming and do not make others feel excluded</li> <li>• Talking about someone's body or looks can make them feel uncomfortable, even if you're complimenting them</li> <li>• Describe the main stages of the human life cycle from egg to death, including how a baby is born</li> <li>• Gestation is the development during the carrying of an embryo and later a fetus inside animals and is a different length for different animals</li> <li>• Learn about how the body changes from a child into a young adult during puberty. Many physical and emotional changes happen during this time</li> <li>• As children go through puberty they need to look after their personal hygiene more</li> <li>• Puberty prepares the body for reproduction, but emotional readiness for parenthood comes much later in life.</li> <li>• There are many options for a girl to use when they are menstruating</li> <li>• Correct terminology for reproductive organs</li> </ul>

<p><b>Year 6</b></p> <p><b>Non-statutory Sex Education is in green</b></p>	<ul style="list-style-type: none"><li>• Describe the main stages of the human life cycle from egg to death</li><li>• Gestation is the development during the carrying of an embryo and later a fetus inside animals and is a different length for different animals</li><li>• Learn about how the body changes from a child into a young adult during puberty. Many physical and emotional changes happen during this time</li><li>• As children go through puberty they need to look after their personal hygiene more</li><li>• There are many options for a girl to use when they are menstruating</li><li>• Correct terminology for reproductive organs</li><li>• Understand what skills are needed to be in a loving and trusting relationship</li><li>• To know what forms of touching is appropriate</li><li>• Sex can be for reproduction or pleasure (but we focus and teach about reproduction)</li><li>• Sex should only happen when people are in a trusted and respectful relationship and both people feel ready</li><li>• There are other ways to have a child, such as adopting, IVF and fostering</li><li>• The age of consent is 16</li><li>• There are ways to have sex and not get pregnant which they will be taught about by parents/carers or once they are in secondary school</li></ul>
--	--