











<p>Key Vocabulary</p> <p>Passing Scoring Attacking Defending Position Co-ordination</p>	<p>Games</p> <p>Football, Rugby, Tennis, Netball, Cricket and Rounders</p> <p>PE KSI/EYFS</p>	<p>Physical wellbeing</p> <p>I know what happens to my body when I exercise.</p> <p>I know that exercise is good for me.</p>
<p>Links to other subjects:</p> <p>Maths (Addition and subtraction) Science (Health and growth) Science (Forces)</p> 	<p>Key knowledge and skills</p> <p>Ball Skills: I know how to throw equipment underarm and overarm at a target</p> <p>Attacking and defending: I know what attacking and defending looks like. I know simple attacking and defending strategies</p> <p>Rules: I know the importance of following rules when playing games</p> <p>Health and Fitness: I know how the body feels when I'm still and when I am exercising</p> 	<p>Links to prior learning: Simple co-ordination activities</p> <p>Next steps: Improve confidence in games to try new things.</p>
<p>Head</p> <p>Rules</p> 	<p>Heart</p> <p>Effort Confidence Resilience</p> 	<p>Hands</p> <p>Physical ability Technique</p> 

<p>Key Vocabulary</p> <p>Passing Scoring Attacking Defending Position Co-ordination</p>	<p>Games</p> <p>Football, Rugby, Tennis, Netball and Cricket</p> <p>PE LKS2</p>	<p>Physical wellbeing</p> <p>I know the main effects of exercise.</p> <p>I know how to prepare my body for exercise.</p>
<p>Links to other subjects:</p> <p>Science (Year 3 healthy eating)</p> <p>Science (Year 4 animals including humans)</p> 	<p>Key knowledge and skills</p> <p>Travelling with a ball: I know how to move with a ball using a range of techniques showing control and fluency</p> <p>Attacking and defending: I know how to apply simple attacking and defending skills in a variety of different games</p> <p>Tactics: I know how to apply the basic principles of invasion games</p> <p>Health and Fitness: I know the basic needs of the body during exercise.</p>  	<p>Links to prior learning: Improve confidence in games to try new things</p> <p>Next steps: I know the short term effects of exercise.</p> 
<p>Head</p> <p>Understanding Responsibility</p> 	<p>Heart</p> <p>Respect Communication Resilience</p> 	<p>Hands</p> <p>Fitness levels Competitive Technique</p> 

<p>Key Vocabulary</p> <p>Passing Scoring Attacking Defending Tactics Position Co-ordination</p>	<p>Games</p> <p>Football, Rugby, Tennis, Netball, Cricket and Rounders</p> <p>PE UKS2</p>	<p>Physical wellbeing</p> <p>I know the short term effects of exercise.</p> <p>I know the long term effects of exercise.</p> <p>I know the large muscle groups within the body</p>
<p>Links to other subjects:</p> <p>Science (Year 5 Healthy living)</p> 	<p>Key knowledge and skills</p> <p>Travelling with a ball: I know how to use ball skills in a variety of ways in game situations and link these together effectively</p> <p>Attacking and defending: I know how to apply knowledge of skills for attacking and defending I know how to work as a team member to develop positional strategies to prevent opposition from scoring</p> <p>Tactics: I know how to use my understanding of game rules to be successful.</p> <p>Health and Fitness: I know why exercise is good for health, fitness and wellbeing</p> 	<p>Links to prior learning: Developing simple attacking and defending skills</p> <p>Next steps: Apply tactical knowledge to other sporting activities.</p>
<p>Head</p> <p>Understanding Analysis Feedback</p> 	<p>Heart</p> <p>Leadership Communication Resilience</p> 	<p>Hands</p> <p>Tactics Problem solving</p> 