

Barnes Primary School PE Curriculum Map 2021-22 Top half (Blue) =class teacher Bottom half (Green) = Mr Pashley)

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year N	Free Flow	Active Play	Fundamental movements	Object Control	Striking	Sports Day Practise
Year R	Dance (Write Dance) Core, shoulder stability, cross body bilateral coordination, hand strength, EAD skills	Dance (Write Dance) Core, shoulder stability, cross body bilateral coordination, hand strength, EAD skills	Gymnastics Moving, jumping, travelling and spatial awareness	Gymnastics Moving, jumping, travelling and spatial awareness	Dance (Around the World) Simple movement patterns	Dance (Around the World) Simple movement patterns
	Active Play (Exploration)	Fundamental movements (Exploration)	Ball Skills Individual skills	Athletics Run, Jump and throw	Tennis Individual skills	Striking and fielding
Year 1	Gymnastics Balance, agility, co-ordination	Gymnastics Balance, agility, co-ordination	Dance (Tudor) Simple movement patterns	Dance (modern) Simple movement patterns	Team games Collaborative, involving simple tactics	Fitness/Athletics and sports day practice
	Partnered ball skills Rugby focus	Partnered ball skills Football focus	Partnered/group skills Netball focus	Athletics Run, Jump and throw	Tennis Individual skills/partnered work	Striking and fielding
Year 2	Team games Collaborative, involving simple tactics	Gymnastics Balance, agility, co-ordination	Dance (Feelings and emotions) Simple movement patterns	Team games Collaborative, involving simple tactics	Dance (including play rehearsals) Simple movement patterns	Fitness/Athletics and sports day practice
	Rugby Group/team games. attacking and defending tactics	Football Group/team games. attacking and defending tactics	Netball/Benchball Group/team games. attacking and defending tactics	Athletics Run, Jump and throw	Tennis Partnered work and games	Striking and fielding

Year 3	Gymnastics Flexibility, strength, technique, control and balance, perform and compare performances	Gymnastics Flexibility, strength, technique, control and balance, perform and compare performances	Dance (Stone Age) A range of movement patterns	Dance (Stone Age) A range of movement patterns	Golf Tri-golf scheme	OAA Team building and problem solving
	Rugby Attacking and Defending.	Football Attacking and Defending.	Netball Attacking and Defending	Athletics Run, Jump and throw	Cricket Fielding, bowling and batting	Danish Longball Fielding, bowling, batting and games
Year 4	Swimming Range of strokes	Swimming Range of strokes	Dance (Ancient Greeks) A range of movement patterns	Dance (Ancient Greeks) Performance prep A range of movement patterns	Gymnastics Flexibility, strength, technique, control and balance, perform and compare performances	OAA Problem solving and orienteering
	Rugby Attacking and defending. Small games	Football Attacking and defending. Small games	Netball Attacking and defending. Small games	Athletics Run, Jump and throw	Cricket Fielding, bowling and batting	Danish Longball Fielding, bowling, batting and games
Year 5	Yoga A range of movement patterns	Dance (A journey through space) A range of movement patterns	Swimming Range of strokes	Swimming Range of strokes	Gymnastics Flexibility, strength, technique, control and balance, perform and compare performances	OAA Problem solving and orienteering (including an overnight stay at TYM)
	Rugby Attacking and defending. Full games	Basketball Dribbling, Passing and Shooting	Handball Attacking and defending. Full games	Athletics Run, Jump and throw	Danish Longball Fielding, bowling, batting and games	Rounders Fielding, bowling, batting and games

Year 6	<p>Aerobics Exercise with stretching and strength training routines with a goal of improving all elements of fitness</p> <p>Yoga Mindfulness PD, Strength and flexibility</p>	<p>Dance A range of routines and movement patterns</p> <p>Yoga Mindfulness PD, Strength and flexibility</p>	<p>Gymnastics Flexibility, strength, technique, control and balance, perform and compare performances</p>	<p>Gymnastics Flexibility, strength, technique, control and balance, perform and compare performances and OAA (school journey)</p>	<p>Swimming Range of strokes, including safe self-rescue</p>	<p>Swimming Range of strokes including safe self-rescue</p>
	<p>Rugby Attacking and defending. Full games</p>	<p>Basketball Dribbling, Passing, shooting and games</p>	<p>Handball Attacking and defending. Full games</p>	<p>Athletics Run, Jump and throw</p>	<p>Danish Longball Fielding, bowling, batting and games</p>	<p>Rounders Fielding, bowling, batting and games</p>