

## Year 1 High Frequency Words

a	dad	him	my	see	up
all	day	his	new	she	us
also	do	how	no	so	use
an	down	I	not	some	want
and	first	if	now	take	was
any	for	in	of	than	way
are	from	into	off	that	we
as	get	is	old	the	well
at	give	it	on	their	went
back	go	its	one	them	were
be	good	like	or	then	what
big	got	look	our	there	when
but	had	made	out	they	who
by	have	make	put	this	will
came	he	me	said	to	with
can	her	more	saw	too	you
come	here	mum	say	two	your

The words that are highlighted indicate the words that your child can spell from memory. Please practise the words that are not highlighted weekly at home. Your child will be tested on these words again at the end of the term to check progress. These words will appear regularly when reading and writing. It is important that your child learns to spell these words from memory.

## How you can help at home with spelling

Children need to regularly practise the key words in order to increase the number of words that they can spell from memory. Please find below a list of suggestions on how to do this at home.

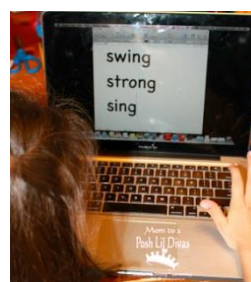
- Writing the spellings in a glitter tray.
- Writing in sand/salt/flour/shaving foam.
- Using a paint brush and water bucket to write on the pavement.
- Using bath crayons at bath time.
- Making words using magnetic letters on the fridge
- Writing words on a small whiteboard in the car on long journeys
- Making words using objects such as Lego, cubes, crayons, cereal etc



- Chopping words into parts or letters and putting them back together again.
- Word hangman using spellings from the table above.
- Missing letters out of the words and getting the children to fill them in.
- Using flashcards or letter cards to make the spelling word.
- Tracing spellings in different colours (rainbow writing).
- Tracing letter in the air.
- Joining the dots to make spelling words.



- Typing the spellings onto a Word document.



- Using the **Spellosaur** app to play spelling games.
- Visit the **Puzzlemaker** website and add your weekly words into a word search for children to find the words in.