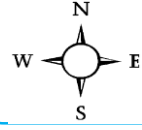
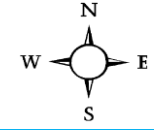




Outdoor Adventurous Activities



PE LKS2



Key Vocabulary

- Orienteer
- Map
- Course
- Compass
- Teamwork
- Trail
- Direction
- North
- East
- South
- West

Key knowledge and skills

Trails:

I know how to orientate myself around a short trail.

Problem Solving:

I know how to use communication effectively as part of a team.

I know how to complete an orienteering activity both independently and as part of a team.

Compete and perform:

I know how to complete an orienteering course more than once and begin to identify ways of improving.

Evaluate:

I know how to watch and describe the effectiveness of performances giving ideas for improvements.



Physical wellbeing

I know the importance of the outside.

I know ways to become healthier.



Links to other subjects:

Science (Year 3 living things in the habitat).

Geography (Year 3 Map work).



Links to prior learning:

Teamwork (KSI OAA).

Next steps:

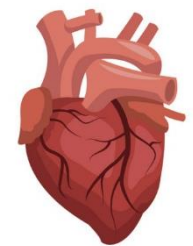
Evaluate your own performance and others performance.

Head



- Understanding
- Analysis
- Responsibility

Heart



- Leadership
- Communication
- Resilience

Hands



- Tactics
- Problem solving