



## Key Vocabulary

Passing  
Scoring  
Attacking  
Defending  
Tactics  
Position  
Co-ordination



# Games

Football, Rugby, Tennis, Netball, Cricket and Rounders  
PE UKS2

## Key knowledge and skills



### Travelling with a ball:

I know how to use ball skills in a variety of ways in game situations and link these together effectively.

### Attacking and defending

I know how to apply knowledge of skills for attacking and defending.

I know how to work as a team member to develop positional strategies to prevent opposition from scoring.

### Tactics:

I know how to use my understanding of game rules to be successful.

### Health and Fitness:

I know why exercise is good for health, fitness and wellbeing.



## Physical wellbeing

I know the short term effects of exercise.

I know the long term effects of exercise.

I know the large muscle groups within the body.

## Links to other subjects:

Science (Year 5 Healthy living)



## Links to prior learning:

Developing simple attacking and defending skills

### Next steps:

Apply tactical knowledge to other sporting activities.

## Head



Understanding  
Analysis  
Feedback

## Heart



Leadership  
Communication  
Resilience

## Hands



Tactics  
Problem solving