

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year N	Exploration	Fundamental movements	Ball Skills	Ball Skills	Target practice	Tennis
Year R	No PE due to being part-time	<b>Dance (Write Dance)</b> 40-60+ months personal development objectives	<b>Dance (Write Dance)</b> 40-60+ months personal development objectives	<b>Gymnastics</b> Moving, jumping, travelling and spatial awareness	<b>Dance (Around the World)</b> Simple movement patterns	<b>Dance (Around the World)</b> Simple movement patterns
	Fundamental movements (Exploration)	Fundamental movements (Exploration)	Ball Skills Individual skills	Athletics Run, Jump and throw	Tennis Individual skills	Striking and fielding
Year 1	<b>Gymnastics</b> Balance, agility, co-ordination	<b>Gymnastics</b> Balance, agility, co-ordination	<b>Dance (Tudor)</b> Simple movement patterns	<b>Dance (modern)</b> Simple movement patterns	<b>Team games</b> Collaborative, involving simple tactics	<b>Fitness/Athletics</b> and sports day practice
	<b>Partnered ball skills</b> Rugby focus	<b>Partnered ball skills</b> Football focus	<b>Partnered/group skills</b> Netball focus	<b>Athletics</b> Run, Jump and throw	<b>Tennis</b> Individual skills/partnered work	<b>Striking and fielding</b>
Year 2	<b>Team games</b> Collaborative, involving simple tactics	<b>Gymnastics</b> Balance, agility, co-ordination	<b>Dance (Feelings and emotions)</b> Simple movement patterns	<b>Team games</b> Collaborative, involving simple tactics	<b>Dance (including play rehearsals)</b> Simple movement patterns	<b>Fitness/Athletics</b> and sports day practice
	<b>Rugby</b> Group/team games. attacking and defending tactics	<b>Football</b> Group/team games. attacking and defending tactics	<b>Netball/Benchball</b> Group/team games. attacking and defending tactics	<b>Athletics</b> Run, Jump and throw	<b>Tennis</b> Partnered work and games	<b>Striking and fielding</b>
Year 3	<b>Gymnastics</b>	<b>Gymnastics</b>	<b>Dance (Stone Age)</b>	<b>Dance (Stone Age)</b>	<b>Golf</b>	<b>OAA</b>

	Flexibility, strength, technique, control and balance, perform and compare performances	Flexibility, strength, technique, control and balance, perform and compare performances	A range of movement patterns	A range of movement patterns	Tri-golf scheme	Team building and problem solving
	<b>Rugby</b> Attacking and Defending.	<b>Football</b> Attacking and Defending.	<b>Netball</b> Attacking and Defending	<b>Athletics</b> Run, Jump and throw	<b>Cricket</b> Fielding, bowling, batting and games	<b>Tennis/Rounders</b>
<b>Year 4</b>	<b>Swimming</b> Range of strokes	<b>Swimming</b> Range of strokes	<b>Dance (Ancient Greeks)</b> A range of movement patterns	<b>Dance (Ancient Greeks)</b> Performance prep A range of movement patterns	<b>Gymnastics</b> Flexibility, strength, technique, control and balance, perform and compare performances	<b>OAA</b> Problem solving and orienteering
	<b>Rugby</b> Attacking and defending. Small games	<b>Football</b> Attacking and defending. Small games	<b>Netball</b> Attacking and defending. Small games	<b>Athletics</b> Run, Jump and throw	<b>Cricket</b> Fielding, bowling, batting and games	<b>Tennis/Rounders</b>
<b>Year 5</b>	<b>Yoga</b>	<b>Dance (A journey through space)</b> A range of movement patterns	<b>Swimming</b> Range of strokes	<b>Swimming</b> Range of strokes	<b>Gymnastics</b> Flexibility, strength, technique, control and balance, perform and compare performances	<b>OAA</b> Problem solving and orienteering (including an overnight stay at TYM)
	<b>Rugby</b> Attacking and defending. Full games	<b>Health and Fitness</b>	<b>Netball</b> Attacking and defending. Full games	<b>Athletics</b> Run, Jump and throw	<b>Cricket</b> Fielding, bowling, batting and games	<b>Tennis/Rounders</b>
<b>Year 6</b>	<b>Gymnastics</b> Flexibility, strength, technique, control and balance, perform and compare performances and	<b>Gymnastics</b> Flexibility, strength, technique, control and balance, perform and compare performances	<b>Dance (West Side Story)</b> A range of movement patterns	<b>Dance (West Side Story)</b> A range of movement patterns	<b>Swimming</b> Range of strokes, including safe self-rescue	<b>Swimming</b> Range of strokes including safe self-rescue

	OAA (outward bound activities on school journey)					
	<b>Rugby</b> Attacking and defending. Full games	<b>Health and Fitness</b>	<b>Netball</b> Attacking and defending. Full games	<b>Athletics</b> Run, Jump and throw	<b>Cricket</b> Fielding, bowling, batting and games	<b>Tennis/Rounders</b>