

# A GUIDE TO WHEN YOUR CHILDREN, YOU AND YOUR HOUSEHOLD MUST ISOLATE



Your child must not come to school if they have symptoms that may be caused by COVID-19. Symptoms of COVID-19 are recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell

It is very important that anyone who has symptoms stays at home and that they get tested. Parents and siblings of the child – and anyone else who lives with them - must also stay at home for the periods shown in the table below. **Please note that, on 14/12/2020, the self-isolation rules changed. Self-isolation is now for 10 full days. The day you start to isolate is day 0. You must then continue to isolate for the subsequent 10 full days.** The only exception is if you are contacted by NHS Track & Trace as a close contact and they give you a different timescale depending on your last date of contact.

Any child developing symptoms during the school day will be sent home, along with any siblings at the school.

You can book a Coronavirus test [online](#) or by dialling 119.

Situation	Examples	ACTIONS	
		YOUR CHILD	PARENTS, SIBLINGS AND OTHER MEMBERS OF THE HOUSEHOLD
You think your child <u>may</u> have coronavirus	Your child has any of the symptoms detailed above	Your child takes a test (if they haven't already) Your child starts isolating for 10 full days, <u>or until a test comes back negative</u> You advise the school of their absence via <a href="mailto:absence@barnes.richmond.sch.uk">absence@barnes.richmond.sch.uk</a> stating that the child is 'self-isolating as a precautionary measure awaiting a test result' After 10 full days if they still have a <u>temperature</u> , they must continue to self-isolate	The rest of the household starts isolating for 10 full days, or until the symptomatic child's test comes back negative
	Your child is waiting for a coronavirus test result		
Your child <u>has</u> coronavirus	Your child has tested positive	You share your child's contacts with Track & Trace, <u>including the name of this school</u> <b>You advise the school by ringing 020 8876 7358</b> Your child completes their 10 full day isolation After 10 days, if your child still has a <u>temperature</u> , they must continue to self-isolate (cough and anosmia may continue for a long time after they are no longer infectious)	The rest of the household completes their 10 full day isolation period
Another member of your household <u>may</u> have coronavirus	Your child lives with someone who has symptoms	Your [non-symptomatic] child isolates for 10 full days, <u>or until the householder tests negative</u> , whichever is the sooner You advise the school of the child's absence via <a href="mailto:absence@barnes.richmond.sch.uk">absence@barnes.richmond.sch.uk</a> stating that the child is 'self-isolating as a precautionary measure pending a family member's test result'	The symptomatic family member starts isolating for 10 full days (or until a test comes back negative) All other members of the household start isolating for 10 full days (or until the symptomatic family member's test comes back negative)
Another member of your household <u>has</u> coronavirus	You live with someone who has tested positive	Your child isolates for 10 full days – <u>even if your child takes a test which is negative</u> You advise the school of the child's absence via <a href="mailto:absence@barnes.richmond.sch.uk">absence@barnes.richmond.sch.uk</a> stating that the child is 'self-isolating as a household member has tested positive for Coronavirus'	The symptomatic family member isolates for 10 days The other family members isolate for the whole 10 full days – <u>even if they test negative in that period</u>
Your child is a 'close contact' of a person who has coronavirus	NHS Test and Trace has told you your child is a close contact of someone who has tested positive	Your child isolates for 10 full days from the date of last contact with the person, or as advised by NHS Test & Trace If they develop symptoms, book a test	Other members of your family do not need to self-isolate (unless they develop symptoms)
	Your child's bubble has been sent home from school because someone in it has tested positive	<ul style="list-style-type: none"> <li>• if that proves negative, <u>they must still continue to isolate until the 10 full days are completed</u></li> <li>• If the test proves positive, your child starts a new 10 full day isolation period</li> </ul>	

## Return to school after self isolation:

Please contact the school by email at [absence@barnes.richmond.sch.uk](mailto:absence@barnes.richmond.sch.uk) the day prior to your child's / children's return to school, so that we can confirm their isolation dates and let staff know to expect them back in class.