

AUTUMN 2024 MENUS FOR THE BRASSERIES AT BARNES

An enormous amount of work goes into creating menus which offer dishes that the children love, whilst making them as healthy as parents wish. The school's catering partner, Caterlink, is proactive and innovative in this respect. The kitchen team works very hard to incorporate as much goodness as possible into dishes, whilst cutting out unnecessary fats and sugars. Our freshly prepared school lunches contain both obvious and disguised vegetables and puddings are sweetened with natural ingredients such as honey; fruit; some vegetables such as sweet potato; and spices.

KEEP IN TOUCH

Your comments are important to us and we value your feedback. Visit our informative web link: www.caterlinkltd.co.uk
email: info@caterlinkltd.co.uk or call
01892 824604

caterlink
feeding the imagination

We are delighted to be able to share our menu for the autumn term. If you are new to the school, menus are carefully based around pupil, parent and staff feedback. For example in Nursery, sauces are smoother and often served on the side. For Reception and Key Stage 1, we offer a large selection of salad ingredients but display them separately. These initiatives encourage children to eat the things they like whilst trying new flavours in a controlled way. In Key Stage 2 our Food Focus Group meets termly to give their input into the following term's menu. Choosing the destination and theme days for this term was the final responsibility of the outgoing Food Focus Group and we look forward to working with a new group of children in the new school year. Caterlink attends all Food Focus meetings, often bringing tasters of new dishes for the children to sample and vote on.

ALLERGY INFORMATION:

If your child has an allergy or intolerance please contact the school for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and, due to the nature of our kitchens, it is not possible to completely remove the risk of cross-contamination.

DESTINATION DAYS THIS TERM



THEME DAYS THIS TERM



AUTUMN 2024 MENU

caterlink
feeding the imagination

MEAT FREE MONDAY

TUESDAY

WEDNESDAY

THURSDAY

STREET FOOD FRIDAY

WEEK ONE 4 Sept 23 Oct 14 Oct 11 Nov 2 Dec	Option 1	Macaroni Cheese	Sweet Chilli & Pepper Chicken Noodles	Gammon or Turkey, Roast Potatoes & Yorkshire Pudding	KS2 Soup/Smoothie* & Sandwich Lamb Keema with Yellow Rice	Fish Fingers with Chips & Tomato Ketchup
	Option 2	Jacket Potato with Beans & Cheese	Roasted Vegetable Cheesy Potato Pie	Pesto & Vegetable Slice Crispy Potatoes & Yorkshire Pudding	Vegetable Lasagne with Garlic & Herb Slice	Vegetarian Goujons with Chips & Tomato Ketchup
	Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
	Dessert	Chocolate & Orange Sponge with Custard Yoghurt / Fresh Fruit	Honey Cheesecake Yoghurt / Fresh Fruit	Butterscotch Pie Yoghurt / Fresh Fruit	Vanilla Biscuit Yoghurt / Fresh Fruit	Coconut Flapjack Yoghurt / Fresh Fruit
WEEK TWO 9 Sept 30 Sept 21 Oct 18 Nov 9 Dec	Option 1	Tomato & Basil Pasta Bake	Chicken & Cauliflower Curry with Yellow Rice	Roast Chicken, Roast Potatoes & Yorkshire Pudding	KS2 Soup/Smoothie* & Sandwich Turkey & Leek Carrot Pie	Mexican or BBQ Taco with Rice
	Option 2	Courgette, Feta & Leek Gratin	Ratatouille with Yellow Rice	Quorn Vegetable Roast, Roast Potatoes & Yorkshire Pudding	Vegetarian Hotpot	Mediterranean Vegetable Feta Taco with Rice
	Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
	Dessert	Apple & Pear Crumble with Custard Yoghurt / Fresh Fruit	Chocolate Crunch Yoghurt / Fresh Fruit	Honey Cheesecake Yoghurt / Fresh Fruit	Coconut Biscuit Yoghurt / Fresh Fruit	Waffle Yoghurt / Fresh Fruit
WEEK THREE 16 Sept 7 Oct 6 Nov 25 Nov 16 Dec	Option 1	Pizza & Sweet Potato Wedges	Spaghetti Bolognese	Sausage & Mash with Onion Gravy	KS2 Soup/Smoothie* & Sandwich Chicken Hotpot with Herby Potatoes	Beef or Chicken Burger with Chips & Tomato Sauce
	Option 2	Creamy Sweet Potato Curry with Rice	Mexican Vegetables with Feta Couscous	Vegetarian Sausage & Mash with Onion Gravy	Lentil Moussaka Bake with Herby Potatoes	Vegetarian Burger with Chips & Tomato Sauce
	Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
	Dessert	Banana Slice Yoghurt / Fresh Fruit	Strawberry Cheesecake Yoghurt / Fresh Fruit	Fruity Flapjack Yoghurt / Fresh Fruit	Mint Chocolate Biscuit Yoghurt / Fresh Fruit	Rwanda Cake Yoghurt / Fresh Fruit

* weather dependent

Available Daily • Bread freshly baked on site • Salad selection