

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

3rd Sept, 24th Sept, 15th Oct, 12 Nov, 3rd Dec

MEAT FREE MONDAY Pasta Bar
Wholemeal & Regular Pasta with Choice of
Quorn Mince Ragu or Tomato & Basil Sauce 
Vegetarian Butterbean Risotto
Sweetcorn & Broccoli
Pineapple Loaf
Yoghurt / Fresh Fruit Platter

Chicken & Ginger Stir Fry with Noodles
Courgette & Carrot Infused Mac N Cheese
with Homemade Garlic Bread 
Peppers & Green Beans
Tuesday Tasters "Try me I'm new"
Chocolate Cocoa Cookie
Yoghurt / Fresh Fruit Platter

Roast Chicken with Stuffing,
Roast Potatoes & Gravy
Sweet Potato & Butternut Squash Swirls
with Roast Potatoes & Gravy
Seasonal Vegetable Medley
Wholemeal Apple Crumble & Custard
Yoghurt / Fresh Fruit Platter

Chicken Curry with Rice, Coriander Bread,
Yogurt & Cucumber Reita 
Vegetable & Chickpea Curry with Rice 
Mandarin Upside Down Cake
Yoghurt / Fresh Fruit Platter

Cottage Pie with Gravy
(made with organic mince beef)
Shepherdess Pie with Gravy 
Baked Beans & Garden Peas  
MSC Salmon Fishfingers with Chips  
NEW Yoghurt Station
Flavoured Yogurt, Fresh Fruits and Toppings
such as Dried Fruits, Apple & Cinnamon Crisps,
Homemade Granola

WEEK TWO

10th Sept, 1st Oct, 22nd Oct, 19th Nov, 10th Dec

MEAT FREE MONDAY
Vegetable & Bean Enchiladas
with **Homemade Jacket Wedges**
Soya Mince Lasagne
with **Homemade Jacket Wedges**
Coleslaw & Sweetcorn
Eve's Pudding with Custard
Yoghurt / Fresh Fruit Platter

Chicken and Sweetcorn Pasta Bake
(Made with Free Range Chicken)
Root Vegetable & Green Lentil Hot Pot 
with Gravy
Peas & Carrots
Carrot & Courgette Cake & Custard
Yoghurt / Fresh Fruit Platter

Roast Beef with Roast Potatoes & Gravy
Vegetable & Red Lentil Goulash 
with Roast Potatoes & Gravy
Broccoli & Cauliflower
Chocolate & Beetroot Oaty Square
Yoghurt / Fresh Fruit Salad

Spaghetti Beef Bolognese
(made with organic mince beef)
Sheet Pan Vegetable Quesadilla
Roasted Mixed Vegetables
Wholemeal Peach Crumble with Custard
Yoghurt / Fresh Fruit Platter

Spicy Chicken French Bread Pizza with Chips
Wholemeal Cheese & Tomato Quiche
with Chips 
Baked Beans & Garden Peas
MSC Breaded Fish with Chips 
NEW Yoghurt Station
Flavoured Yogurt, Fresh Fruits and Toppings
such as Dried Fruits, Apple & Cinnamon Crisps,
Homemade Granola

WEEK THREE

17th Sept, 8th Oct, 5th Nov, 26th, 17th Dec

MEAT FREE MONDAY 
Macaroni Cheese with Homemade Garlic Bread
Five Bean Chilli with Rice 
Sweetcorn & Mixed Peppers
Apple & Raisin Puffs with Custard
Yoghurt / Fresh Fruit Platter

Sausage & Mash with Gravy
Quorn Mince Bolognese with Spaghetti
Green Beans & Glazed carrots
Ginger & Pear Sponge with Custard
Yoghurt / Fresh Fruit Salad

Roast Turkey
with Roast Potatoes & Gravy
Quorn & Vegetable Bake
with a Cheesy Breadcrumbs Crust
& Roast Potatoes
Savoy Cabbage & Sweetcorn
Cheese & Biscuits Yoghurt
Fresh Fruit Chunks

Beef Lasagne with Garlic Bread
Chickpea, Leek & Spinach Loaf with Optional
Tomato Sauce & New Potatoes 
Broccoli & Tomato Salad
Tropical Fruit Crumble with Vanilla Custard
Yoghurt / Fresh Fruit Salad

BBQ Chicken with Chips 
Wholemeal Cheese & Tomato Pizza
with Chips 
Garden Peas & Baked Beans 
MSC Fishfingers with Chips 
NEW Yoghurt Station
Flavoured Yogurt, Fresh Fruits and Toppings
such as Dried Fruits, Apple & Cinnamon Crisps,
Homemade Granola

AVAILABLE EVERY DAY...

Jacket Potatoes freshly
cooked daily with a choice
of fillings

Bread different flavours
freshly baked on site daily

Daily salad selection
There will be a selection
of at least 5 salad
items available daily
incorporating our new
superfood options.

Fresh Fruit & Yoghurt
available daily

**WE USE LOCALLY
SOURCED
INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**

All our menus are
analysed to ensure they meet
and in most cases exceed
The School Food Standards

We hope your child enjoys
our new menus.

Menus subject to change based
on product availability and
bespoke Discovery Day menus,
please check for any changes.



Oily fish



Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

MAIN

VEGETARIAN MAIN

VEGETABLE SIDE

DELI/POP UP/SPECIAL/FISH

DESSERT